



# Fine Motor

## Pre-Cutting

### Tongs



### Materials

- kitchen tongs
- large container (2 if you wish)

### To Use:

1. Fill container with objects from around the house (buttons, Lego, bottle caps, sock balls, marbles, markers, or anything small, but developmentally appropriate).
2. Allow child to use tongs to transfer items from the floor into the container.

***Remind child that the thumb should always be facing up.***

## Pre-Cutting

# Scooper Dooper

### Materials

- upside down laundry container with bottom sliced off (adult can use heat to soften rough edges or cover with tape)
- large container filled with rice beans, sand, dirt, etc. (porch or back yard use helps eliminate mess)



### To Use:

1. Scoop up sensory items (rice, beans, sand, dirt, etc.)
2. Child holds with one hand and fill with the other

***Can also be used to catch sock balls or other soft items.***

# Pre-Cutting

## HELPING HANDS (clothing to fasten )

### Materials

- various oversized clothing items that have buttons, snaps, zippers, lacing, etc.

### To Do:

1. Have child practice fastening clothing items.
2. Items can be put on by child or placed over a backwards facing chair.



# Pre-Cutting

## CUTTING BOX



*If you've been to BSMART, you may have noticed our cutting box. We use it as part of our after school S.M.A.R.T. programming. It really helps to reduce the mess of ripping and cutting activities.*

*Little ones love to use it!  
It is an excellent quiet time activity.*

## Materials

- kid-sized plastic storage bin, cardboard box, or hard cased suitcase
- various types of paper (scrap paper, newspaper, old magazines, cereal boxes, old phone books, etc.)

## To Do:

1. Place various types of paper inside the box
2. Child sits inside the box to tear, rip, twist, roll, or snip paper
3. When finished using the box replace the lid to keep all mess inside!
4. Can also place coloring books & crayons inside.

